

ABOUT YOUR CHILD'S SURGERY

Instructions Before Surgery

INTRODUCTION: The staff at Children's Eye Care will guide you and your child through the surgical experience. With your help, we will support your child. Parents have a role in helping this become a positive experience. Talk, listen, and reassure your child about surgery. Be honest and do not threaten your child with shots. Remember, you are the most important support person for your child.

DATE: _____ FACILITY: _____

The facility staff will call you the afternoon before surgery to let you know what time to arrive. BE SURE THAT WE HAVE A PHONE NUMBER WHERE YOU CAN BE REACHED.

LOCATION – Surgery will be done at one of the following facilities:

- 1) Surgery Center of Oklahoma - 9500 N. Broadway Extension - (405) 235-4525
Located on the east side of the Broadway Extension (HWY 77) and just north of Britton Road.
Turn right off the frontage road to park.
- 2) Baptist Medical Plaza - 3433 N. W. 56th St., Ste. 300 - (405) 945-4208
Park in the N. W. 56th St. parking garage at the SE corner of the hospital. On your left as you drive in is a circle drive entrance to the hospital Plaza, Building B. Take the lobby elevator to the 3rd floor.
- 3) Mercy Hospital - 4300 W. Memorial Road - (405) 752-3947
Go to the Outpatient Surgery Center on the 1st floor near the NW corner of the main hospital building.
- 4) Deaconess Hospital - 5501 N. Portland - (405) 604-4275
Go to the Outpatient Surgery Center on the 1st floor, south of the main hospital building and Emergency Room entrance.
- 5) Oklahoma City Clinic Surgery Center - 701 N. E. 10th St., Ste. 124 - (405)280-5510
Enter the front door of the clinic, which faces east, and turn left.
- 6) McGee Eye Surgery Center - 1000 N. Lincoln - (405)232-8696 x 25
Located in the OU Harold Hamm Diabetes Center, in the center of the first floor
- 7) Foundation Surgery Center- 14000 N. Portland Ave, Ste. 100- (405)936-8130

You will be given a map and brochure, if they are available.

DAY BEFORE SURGERY - Certain instructions need to be followed to insure the safety of your child during surgery.

It is important that the following diet guidelines be strictly observed before surgery. Dr. Mark Scott, Dr. James Richard, or Dr. Lucas Trigler may alter these guidelines for specific surgeries. If diet guidelines are not followed, surgery may be cancelled: **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT** on the evening before surgery. You will be informed of any exception to this rule prior to surgery. Infants breastfeeding or on the bottle will be given special instructions.

Patients should wear loose fitting, casual clothing, which can be easily removed and stored in private lockers. **PLEASE LEAVE ALL VALUABLES AT HOME!!**

Patients should be prepared to arrive at the hospital/surgery center a minimum of one hour in advance of their scheduled surgery time.

Once you are at the hospital/surgery center, a surgical consent will need to be signed, before any medications can be given. Minors must have a legal guardian sign a permit before any surgery can be performed.

Parents of young children are encouraged to stay in the area during surgery, and will be allowed to be with the patient until the time of their surgery and shortly after recovery.

Please notify Dr. Scott, Dr. Richard, Dr. Trigler, or any of the staff at Children's Eye Care of any changes in physical condition (cold or fever) or if your child has been exposed to any communicable diseases before surgery. **If your child becomes ill the evening before surgery, please contact your eye doctor immediately** (see phone numbers at end of this sheet).

Patients must not ingest any medication unknown to their surgeon or anesthesiologist 24 hours before or after surgery.

Children's Eye Care encourages parents and children, if possible, to visit their hospital/surgery center before the day of surgery. This helps relieve some anxieties for the patient and family. The child may also bring a favorite toy or stuffed animal if they choose to do so.

WHEN TO CALL THE DOCTOR - If there is increased swelling of the tear sac, increased redness of the eye, or pus in the corner of the eye, questions or concerns, call your doctor at:

- | | |
|---------------------------------|----------------------|
| 1) CEC, 8:00 A. M. - 5:00 P. M. | (405) 751-2020 |
| 2) Dr. Mark Scott, M. D | Cell: (405) 834-2941 |
| 3) Dr. James Richard, M. D | Cell: (405) 812-6056 |
| 4) Dr. Lucas Trigler, M. D | Cell: (405) 819-9211 |

If you are unable to reach your physician, call or go to an emergency department.

RETURN APPOINTMENT - Following your child's surgery, you will need to call Children's Eye Care and schedule your return appointment. Your surgeon will discuss with you when that time should be.